



EPA PHILOSOPHY AND PSYCHIATRY SECTION REPORT 2025

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EPA PHILOSOPHY AND PSYCHIATRY SECTION REPORT 2025

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LAST SECTION COMMITTEE ELECTIONS HELD:

Date: 09/02/2025

Venue: Online

ACTIVITIES OF THE SECTION IN 2025:

Meetings/events

EPA 2025 – European Congress of Psychiatry

Description:

Title: Decoding dysphoria and violence: phenomenological insights to diagnosis and therapeutic interventions



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EPA PHILOSOPHY AND PSYCHIATRY SECTION REPORT 2025

Date: 08.04.2025 h 13:15 - 14:45

Code: SP33

Type: Symposium

Topic: Clinical / Therapeutic

Description:

This session is jointly organised by the Sections on Philosophy and Psychiatry & Psychopathology

Dysphoric mood is a challenging phenomenon in psychiatry, crossing the boundaries of psychiatric diagnoses, and its treatment being understudied. This symposium will address key issues in the understanding, classification and treatment of dysphoric mood.

The first paper is an overview of the phenomenology of dysphoric mood. From an analysis of existential feelings, it provides a basis for understanding how dysphoria involves a pervasive sense of unease and dissatisfaction that fundamentally alters one's perception of herself and the world.

The second paper will explore the phenomenology of violence and dysphoria in schizophrenia and whether these manifestations constitute a distinct psychopathological form. Violence in schizophrenia may involve complex interactions between psychotic symptoms such as persecutory delusions and auditory hallucinations. Dysphoria is deeply rooted in intrinsic disturbances of thought and perception.

The third lecture presents the most recent phenomenological and psychopathological insights concerning gender dysphoria. Diagnostic and treatment options are discussed promoting a safe, inclusive, and non-discriminatory practice of healthcare.

The fourth paper explores the pharmacological management of impulsivity and dysphoria in their phenomenological complexity. These phenomena, which co-occur in various psychiatric conditions, could be further explored in terms of their differences in order to improve pharmacological interventions.

Chair: Cecilia Maria Esposito (Italy)

Program:

13:15-13:32

Title: The phenomenology of dysphoric mood: Exploring the lived experience Speaker:

Otto Doerr (Chile)

13:32-13:49

Title: The phenomenology of violence and dysphoria in schizophrenia: Exploring psychopathological dimensions

Speaker: Luis Madeira (Portugal)

13:49-14:06

Title: Phenomenology of gender dysphoria



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EPA PHILOSOPHY AND PSYCHIATRY SECTION REPORT 2025

Speaker: Giovanni Castellini (Italy)

14:06-14:23

Title: Impulsiveness and dysphoria as pharmacological targets: Can we aim at a phenomenologically informed therapeutic intervention?

Speaker: Stefan Jerotic (Serbia)

14:23-14:45

Q&A

Partners:

Section of Psychopathology

Location: Madrid

Start date: 05/04/2025

End date: 08/04/2025

FUTURE ACTIVITIES:

FUNDING IN 2025

Income: 0.00

Source(s) of funding:

no

Expenditure: 0.00

Balance: 0.00

EPA Treasurer audit: No

Confirmation that income / expenditure is via EPA: Yes